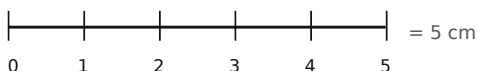
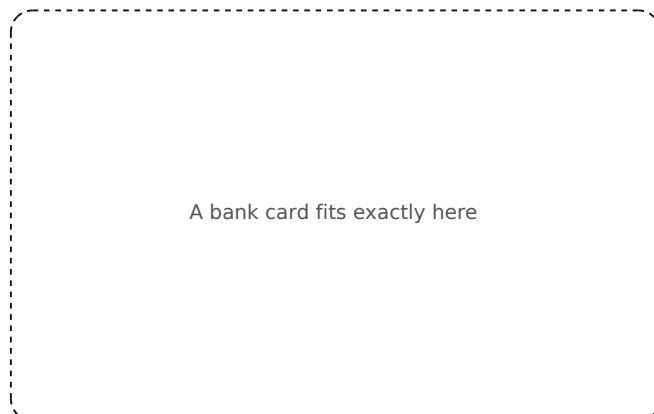


Find your ring size at home.

Print this page at **100% / Actual size** - not "Fit to page".

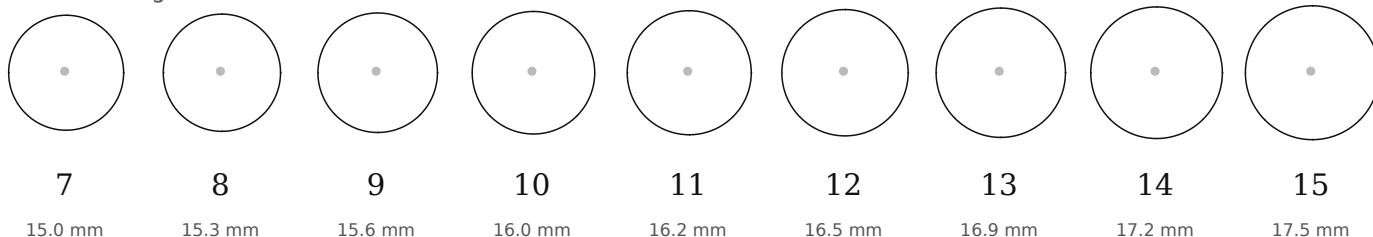
1. Check the print size

Before you start, measure the bar below with a ruler - it must be exactly **5 cm**. Or lay a bank card on the outline: it should fit exactly. If not, print again at 100%.



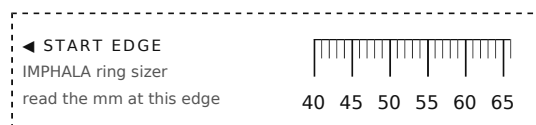
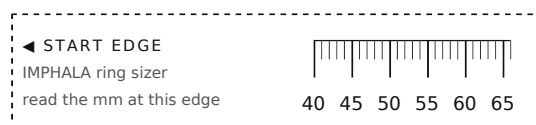
2. Have a ring that fits? Place it on the circles

Lay the ring flat over the circles. Your size is the circle whose line sits just **inside** the ring's inner edge. Between two? Choose the larger.



3. No ring? Use the strip

1. Cut out a strip along the dashed line.
2. Wrap it round the base of your finger, numbers outward - snug, but able to slide over the knuckle.
3. Read the number where the **start edge** meets the scale, in millimetres.
4. Find that number in the chart below - that is your size.



4. Or use a thread - then find your size

Wrap a thread round your finger, mark where it meets, and measure it on the ruler.



Indian size	7	8	9	10	11	12	13	14	15
Your finger measures (mm)	up to 47.1	47.2-48.1	48.2-49.0	49.1-50.3	50.4-50.9	51.0-51.8	51.9-53.1	53.2-54.0	54.1-55.0
Inner diameter (mm)	15.0	15.3	15.6	16.0	16.2	16.5	16.9	17.2	17.5